

September 2025

Dear Parents and Carers

You will be aware that, as a part of your child's educational experience at the Lowry Academy, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives our young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

From Easter 2021 the Department for Education made Relationships Sex Education and Health Education compulsory in all schools. We send this letter every academic year to remind our parents of this and ask any new parents of Year 7 students to read our policy and contact us with any queries you may have on this.

The guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships.

Learning about the emotional, social and physical aspects of growing up, it will allow young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being. All sessions will be age-appropriate and meet the needs of all students in the class.

This guidance forms part of our school's PSHE education programme which is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body.

For more detail about the PSHE curriculum offer, please visit the school's website. All teaching in PSHE will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for students to ask questions to further their understanding and to find out more about what affects them personally.

To remind and introduce new parents to this policy and to ensure everyone is informed, we would like you to review the policy and the statutory content of the relationships and sex education programme. The policy also contains important information for parents who may wish to withdraw their children from these classes. Please visit the school's website to review our PSHE offer [PSHE | Curriculum | The Lowry Academy](#) We would like you to review the policy and the statutory content of the relationships and sex education programme. [The Lowry Academy - Relationship and Sex Education Policy - 2024-1.pdf](#)

As a school community, we are committed to working with parents. If you would like to find out more, or make any comments/provide feedback on this policy, please contact the PSHE Co-ordinator, Miss Miller-Allen (ask.lowry@lowryacademy.org.uk).

Yours faithfully,
Sarah Jones
Assistant Principal – Personal Development

Principal Mrs C Coy

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